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*The* JACKSON  
HEALTH RESORT  
DANSVILLE, N. Y.





Class \_

Book

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# THE INFLUENCE OF HEALTH RESOURCES

ON THE  
DEVELOPMENT OF  
THE NATION

1950



# THE JACKSON HEALTH REPORT

ANNUAL REPORT





Nature Sanctuary Location





## Mountain Spring Water

THE MOUNTAIN SPRING WATER

OF THE MOUNTAIN SPRING WATER

OF THE MOUNTAIN SPRING WATER

OF THE MOUNTAIN SPRING WATER

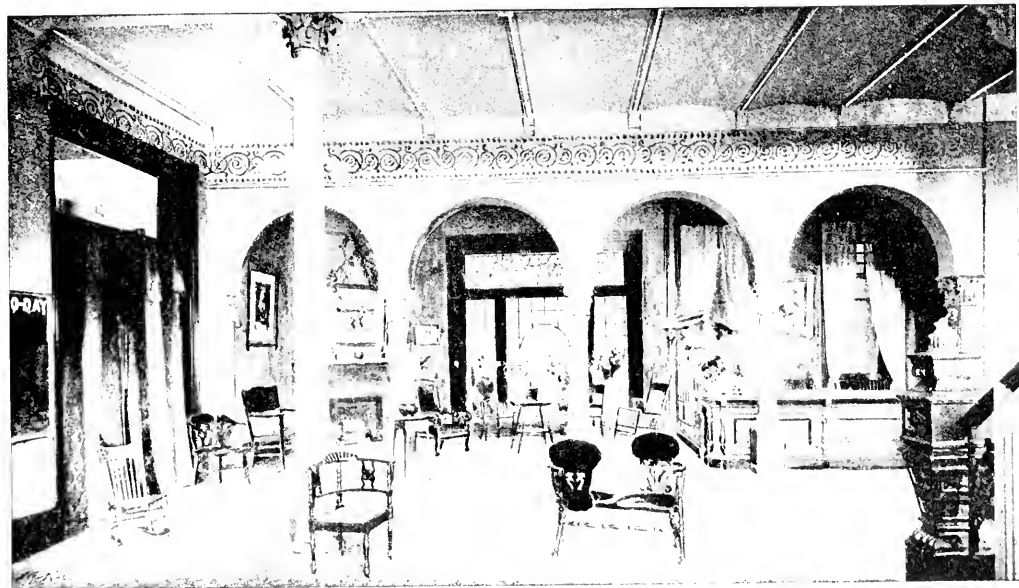
OF THE MOUNTAIN SPRING WATER





The Stately Main Building.









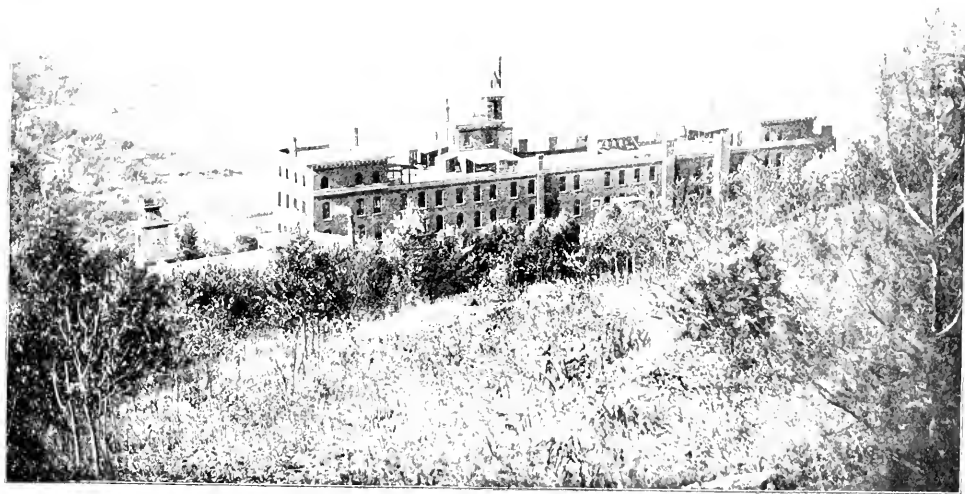
## THE MOLLIERE THERMO-ELECTRIC BATH.

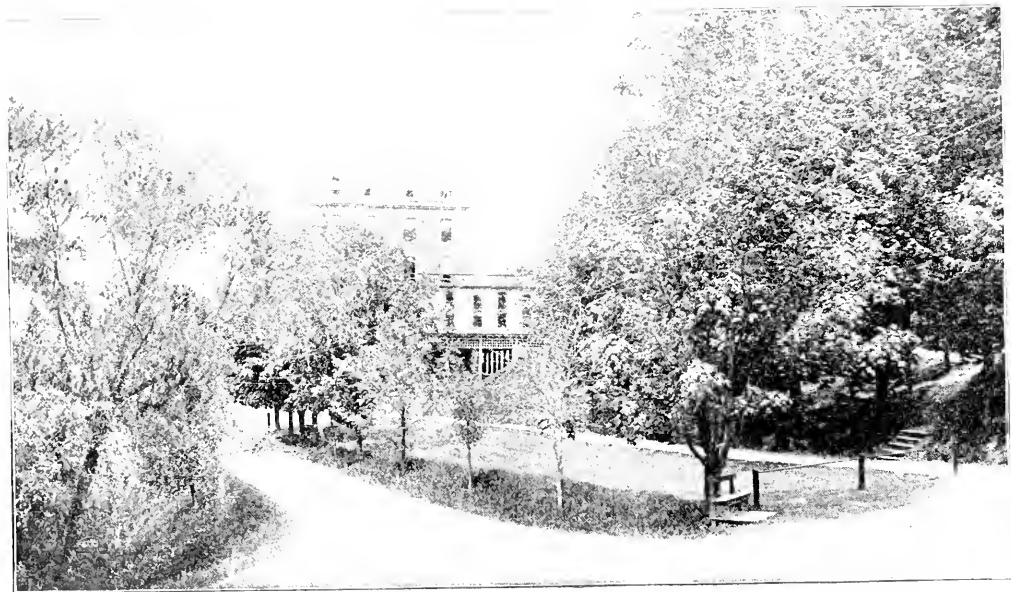
THE MOLLIERE THERMO-ELECTRIC BATH is a new and simple method of producing a constant temperature bath, and is especially adapted for the use of the chemist and physicist. It is a simple and easy to use, and is a very reliable method of producing a constant temperature bath. It is a very reliable method of producing a constant temperature bath. It is a very reliable method of producing a constant temperature bath.

## The Molliere Thermo-Electric Bath.

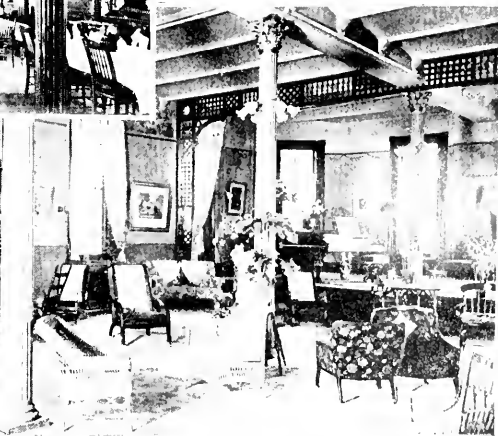
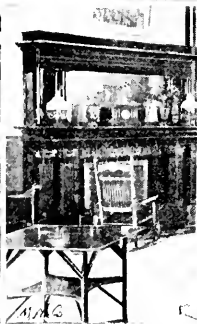
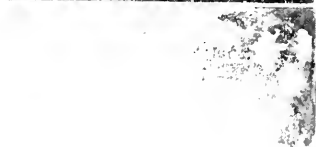
### Electricity.

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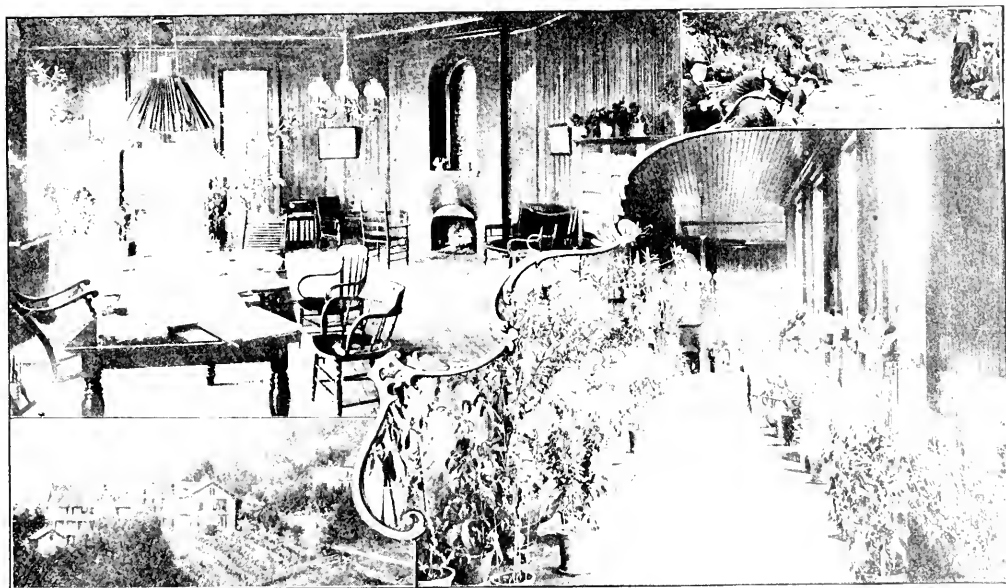


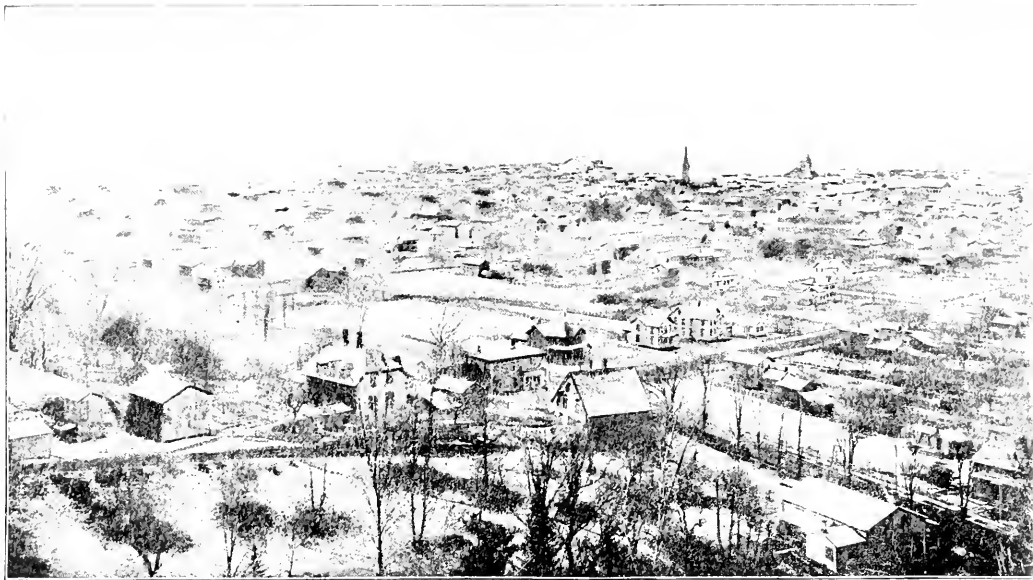
## Swedish Movements.

## Physical Culture.

## Rest.

## Diet.





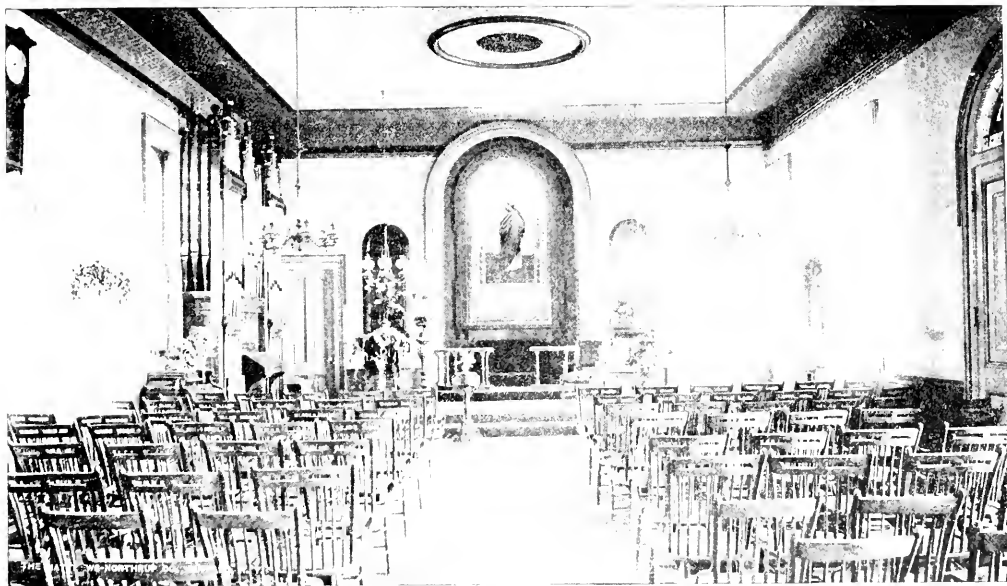


### Dress.

For the most part, the dress of the people is of the same style as that of the people of the neighboring States. The men wear the same kind of clothing as the men of the neighboring States. The women wear the same kind of clothing as the women of the neighboring States.

### Social and Religious Opportunities.

The people of the State have many opportunities for social and religious activities. There are many churches and schools in the State. The people of the State have many opportunities for social and religious activities. There are many churches and schools in the State. The people of the State have many opportunities for social and religious activities. There are many churches and schools in the State.





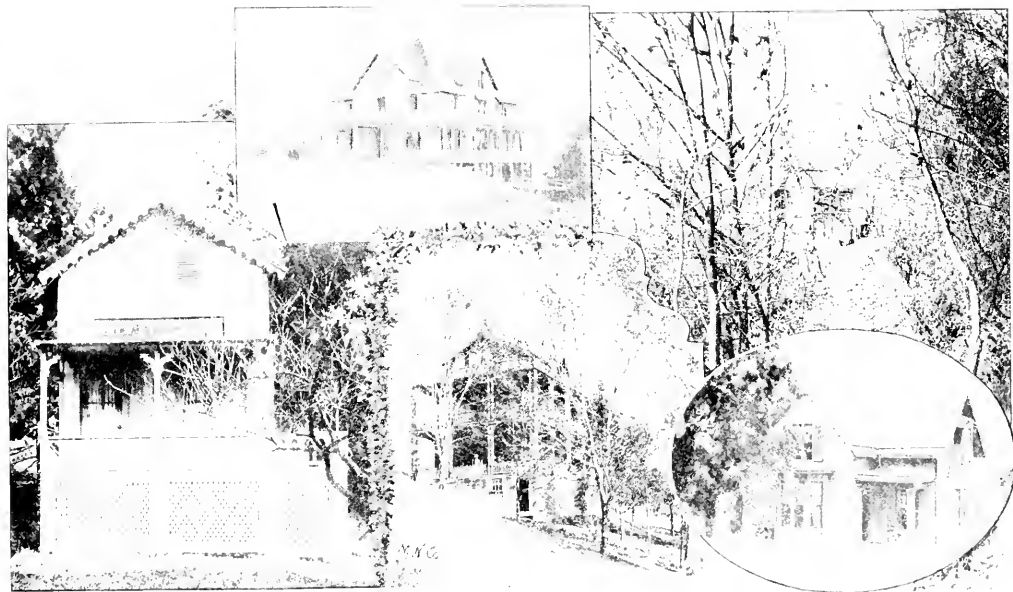




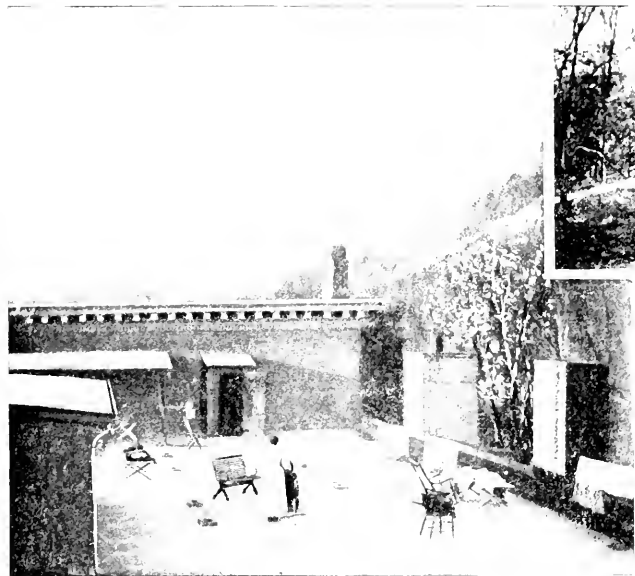
## Outdoor Life.





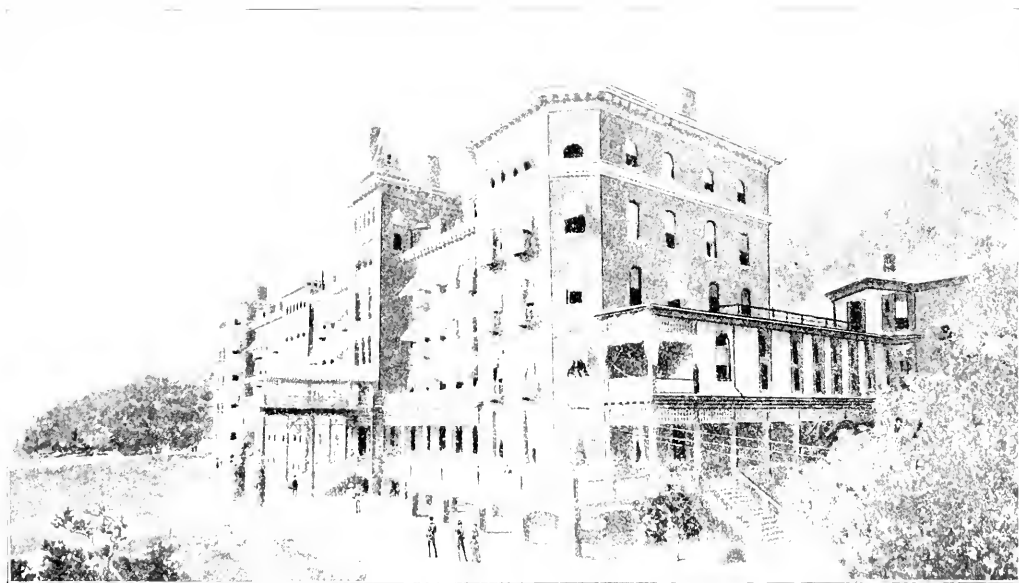


















# ROUTES AND OTHER INFORMATION.

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**From New York City** take the Delaware, Lackawanna & Western R. R., DIRECT TO DANSVILLE WITHOUT CHANGE OF CARS. This road is equipped with Pullman Vestibule Drawing-Room and Sleeping Cars.

**From the Eastern States** come either via New York City, or Via Albany and Delaware & Hudson Canal R. R., to Binghamton, thence by the Delaware, Lackawanna & Western R. R. to Dansville.

Or by the New York Central R. R. system to Buffalo, thence by Delaware, Lackawanna & Western R. R. to Dansville.

**From the West** via St. Louis, Chicago and Buffalo.

**From the Southwest** to Cincinnati and Buffalo.

**From Canada** via Grand Trunk or Canadian Pacific R. R. to Buffalo.

**From Buffalo** take only the Delaware, Lackawanna & Western R. R. to Dansville.

**From the South** via Pennsylvania R. R. system to Manunka Chunk or Elmira, thence only by Delaware, Lackawanna & Western R. R. to Dansville.

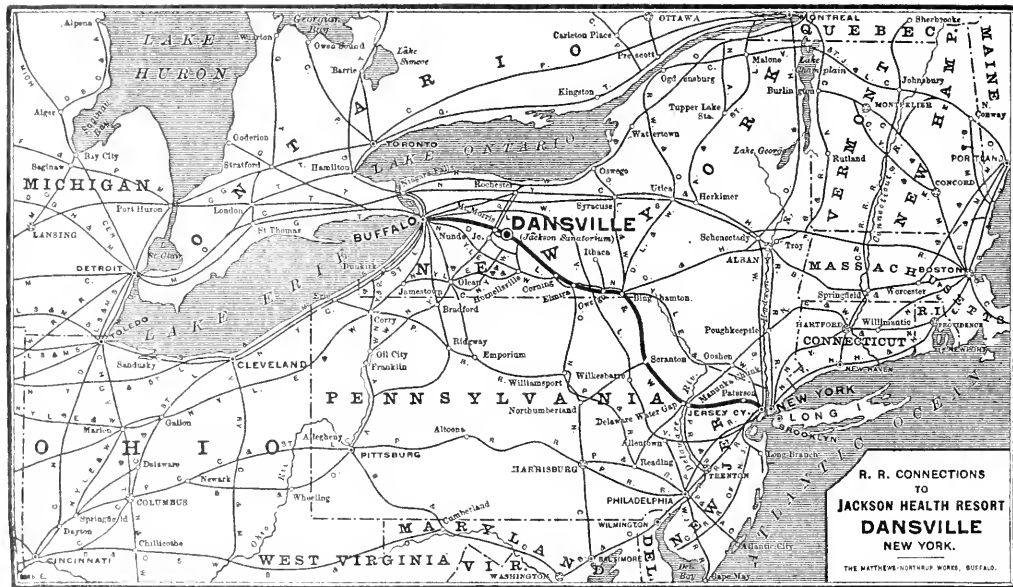
**Excursion Tickets** to Dansville via the Delaware, Lackawanna & Western R. R. may be purchased between June 1st and October 1st, good until November 1st.

**An Omnibus** meets every train arriving between 7.00 A. M. and 8.00 P. M. Fare 25 cents. Parties arriving upon other trains should notify us in advance in order to be met.

**The Culinary Department** was organized by Mrs. Emma P. Ewing, Superintendent of the Chautauqua Cooking School, and one of the leading teachers of scientific cooking in the United States. Graduates from her school, who have also been associated with her in her work, have this department of the Sanatorium in immediate charge and bring to it the knowledge, skill, and refined taste essential in providing an attractive and satisfying table.

**Excellent Livery Service**, especially organized for the accommodation of the Sanatorium, is at the command of the guests.

**Letters.**—For circulars and other detailed information, address (enclosing stamps) J. Arthur Jackson, M. D., Secretary and Manager, Dansville, Livingston County, N. Y.











CHARACTER NUMBER



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